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1. GENERAL

The FIS-CIT races of the Arnold Lunn World-Cup take place annually. The aim of these races is to promote international amateur ski competition and to offer international competition to racers from both alpine and non-alpine countries. As well as sport, the purpose of these races is to encourage multicultural exchange which often turns into long lasting friendships. The race series consists of the following events:

- normal FIS-CIT races, where FIS-points are awarded
- FIS-CIT races that count toward the Individual and Overall classification and the Nations Cup (see 15)
- The biennial FIS-CIT Word-Criterium, that count also towards the Arnold Lunn World-Cup Classifications.

2. ORGANIZERS

The organizers of FIS-CIT event counting towards the Arnold Lunn World-Cup are as follows:

- the FIS-CIT Sub-Committee for Alpine Citizen Racers
- the National Ski Federation of the organizing country
- the local organizer (club or association).

3. RULES

The races are governed by:

- FIS Rules (ICR) and FIS-CIT qualifying Rules
- the Arnold Lunn World-Cup
- a FIS Technical Delegate

4. INVITATIONS, NOTICES, START AND RESULTS LISTS

4.1 These must follow rules and be sent by e-mail or post to those on the attached list.

Each Race Office must be equipped with at least one telephone, a copier and a computer. The numbers and e-mail address must appear on the Invitation. The entry fee and cost of lift ticket must also be quoted.

4.2 Immediately after the race please send the official results list to: USCHI FRIEDRICH, Responsible for Ranking & Communication, e-mail: u.-schi@t-online.de

5. CALENDAR

Arnold Lunn World-Cup events must take place between the beginning of the season in November and the end of March.

6. NUMBER OF RACES

Each event consists of at least four (4) races, two (2) for men and two (2) for women. They must, if possible, take place at weekends.

7. NUMBER OF EVENTS

- 7.1 For technical events (SL and GS) only: Each country may hold a maximum of four (4) races (if possible at two (2) events) in one resort only, 4 Slalom or 4 Giant Slaloms or 2 Slaloms and 2 Giant Slaloms respectively for men and women.
- 7.2 In addition each nation may organize two (2) speed events in one resort only, two (2) Downhill's or two (2) Super-G's or one (1) Downhill and one (1) Super-G each for men and women.
- 7.3 A minimum of 4 downhill and 4 super G races organized per season. If the number of events planned is not reached, all nations have the right to complete it.
- 7.4 Combined events (races) Downhill - Slalom must take place within the same event and do not count as additions for Individual results but only for nations results.
- 7.5. Point earned by Individual racers at the World Criterium (which takes place every two years) counts towards the Arnold Lunn World-Cup.

8. ELIGIBILITY / ENTRIES / DATES / PRIORITIES

- 8.1 Each nation which is affiliated to FIS has right to include FIS-CIT events in the Arnold Lunn World-Cup series.
- 8.2 An event is only official when on the FIS Calendar so that the organizer guarantees the organization and course preparation. Proposals must be submitted to the Arnold Lunn World-Cup Working Group who fix the calendar at the end of April each year.
- 8.3 Each organizing nation has a right to one reserved date, which must be confirmed with the person responsible to the Working Group before 31 January for the coming season. No late reservation can be accepted.
- 8.4 In planning the calendar, events counting towards the Arnold Lunn World-Cup have priority over ordinary FIS-CIT events.

9. QUOTA

- 9.1 The quotas (men and women) for FIS-CIT races are fixed at:
 - 15 for the nations that have organized any FIS-CIT race during the season and confirmed in the FIS Calendar.
 - 8 for all other nations.The quotas for a nation hosting a competition which is organized by another nation increase from 15 to 20 competitors. **5 junior no-cit** athletes may compete in all competitions, instead of 5 NO-CIT athletes. They don't compete for Arnold Lunn World-Cup points.

10. CLASSIFICATION

- 10.1 **Only 10 men and women from the organizing country can qualify for Arnold Lunn World-Cup points.** The first 10 citizen racers (10 men and 10 women) on the results lists qualify for points.
- 10.2 **individual classification**
Downhill/Super-G:
the **three** best results are counted. **In fewer than 3 competitions for each discipline take place,** the Cup will not be awarded.
- 10.3 **Slalom/ Giant Slalom**
the **five** best results are counted. **In fewer than 3 competitions for each discipline take place,** the Cup will not be awarded.

10.4 **overall classification**

all the results from the individual classification: SL/GS/DH/SG are counted.

10.5 **In case of a tie:**

if racers are tied in the final standings, the winner will be the one who had the most 1st places. If the racers are still tied, the number of 2nd, 3rd, 4th and 5th rankings in the official results lists will be used to determine the winner.

10.6 **Nations-CUP**

all the results of each races count.

10.7 **Combined**

the points awarded for the combined race count only for the Nations-Cup.

10.8 **Final**

all points awarded for the final race will be doubled and will count towards the individual and overall classifications, as well as the Nations Cup.

11. **CANCELLATION/ POSTPONEMENTS / MOVES / DISCIPLINE / CHANGES**

11.1 These must in principle be agreed with the national representative on the FIS-CIT Subcommittee and discussed with FIS or the Chairman of the FIS-CIT Committee and the national delegate or national Federation of the organizing country. If alterations are made the total of inscription must not be exceeded.

11.2 It is possible to replace one discipline with another on the calendar. The person responsible for the Arnold Lunn World-Cup Working Group must be notified in writing at least 10 days before the race scheduled in the calendar. The chairman of the FIS-CIT Sub-Committee for Alpine Citizen Racers is responsible for the efficient planning of the calendar and can delegate this task to whoever is responsible for the Arnold Lunn World-Cup.

11.3 A postponement or cancellation must be notified to the nations invited at least 5 days before the start of the racers for technical events or 7 days before speed events. The new date or location must be made clear at least 10 days before the start of the new event.

11.4 Each postponed event must take place in the original discipline so that points can be consistent. Exceptions must be justified in writing and be approved by whoever is responsible for the Arnold Lunn World-Cup (with the approval of the Chairman). Replacing one organising country by another cannot be authorised.

12. **PUBLICITY AND SPONSORS**

FIS Rules must be respected. Event must be shown to qualify for the Arnold Lunn World-Cup. The brand Arnold Lunn World-Cup must appear on all documents (invitations, posters, start and result lists, press releases etc.)

13. **FINAL**

The Final must take place by the last weekend of March of the current season. It is allocated in turn to the organizing countries. Places and nations chosen are published in the calendar. The final race takes place on the first day of the event. The race on Saturday counts towards the Arnold Lunn World-Cup whereas the race on Sunday counts as a normal FIS-CIT race. If the Final cannot take place on the agreed date, it cannot be postponed. The distribution of prizes for the Arnold Lunn World-Cup will take place at the next official event or at the latest during the first Arnold Lunn World-Cup event of the following season. The organizers of the Arnold Lunn World-Cup Final should invite the chairman of the FIS-CIT committee, also whoever is responsible for the Arnold Lunn

World-Cup and the official in charge of calculating the points, paying for 2 nights accommodation and meals.

14. PRIZE GIVING

Prize giving must take place in a suitable location. The results of the Arnold Lunn World-Cup are published on the day of the final race. The first 3 winners must be present at the Prize giving as well as national representatives or the cups will not be awarded. If winners cannot be present the national representatives must present written apologies. The three (3) best men and women in the individual classification for Slalom, Giant Slalom, Super-G and Downhill are awarded medals.

14.1 Provision of Prizes:

Individual results for each discipline:

1st place: FIS Trophy.
2nd and 3rd place: Trophy or local present

Individual Overall Result:

1st place: FIS Trophy
2nd and 3rd place: Trophy or local present

Nations Result:

1st, 2nd, 3rd place: FIS Trophy for each Nation

Trophies for the 1st prizes and the Nations Cups will be obtained and paid for the FIS. The Chairman of the Sub committee will be responsible for obtaining them. The organizing country is responsible for the prizes for individual and overall 2nd and 3rd places. The Arnold Lunn World-Cup Working Group suggest a souvenir from the host country.

15. ARNOLD LUNN WORLD-CUP CALCULATIONS

15.1 Sending Results

The calculation of correct points can only be made if results are provided quickly. They must be sent by e-mail immediately after the race (event). If the official calculator does not receive results within 15 days of the event the person responsible on the Arnold Lunn World-Cup must be told. If possible, the official responsible for calculating the Arnold Lunn World-Cup points should send provisional results to FIS-CIT members at the end of December, January and February.

15.2 Classification

At each Slalom, Giant Slalom, Super-G, Downhill and Combined event marked as qualifying for Arnold Lunn World-Cup on the calendar, the following points are allotted:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Points:	50	45	40	35	30	26	22	19	16	14	12	10	8	7	6	5	4	3	2	1

15.3 When several racers in the top 20 have the same places they each receive the number of points given for that place. Racer who follow them receive the number of points allotted to their official places.

16. RACE OFFICE AND ACCOMMODATION

The organizers must arrange accommodation for the athletes in the same resort or near the events. The Race Office should also be nearby.

17. PRESS AND PUBLIC RELATIONS

The Federation in charge of running the events must deal with local media, letting the press, radio, TV and Internet know about the events.

18. OFFICIALES

For the Arnold Lunn World-Cup series the FIS-CIT Chairman and the Responsible for Arnold Lunn World-Cup appoint the organizing nation. That Nation's delegate on the FIS-CIT subcommittee is responsible for running the races.

19. EXCEPTIONS

The Arnold Lunn World-Cup Working Group can alter the published rules.

FIS INTERNATIONAL SKI FEDERATION

Sub-Committee for Alpine Citizen Racers

Urs P. Dietrich FIS-CIT Chairman

Dario Bazzoni FIS-CIT Vice-Chairman, Responsible Arnold Lunn World-Cup

Oberhofen, July 2005 (17.11.05)